

**PINE AVENUE BUSINESS ASSOCIATION
ITALIAN FESTIVAL 5-K RUN**

DATE: *Sunday, July 31, 2011*
TIME: 9:00 AM – 9:45 AM Registration / RUN begins at 10:00 A.M.
PLACE: 15TH St. at Pine Ave (Columbus Park), Niagara Falls, NY
COST: \$20 Race Fee (Pre-Registration) - \$25 Day of Race
Canadian money @ par.

REFRESHMENTS & POST RACE AWARDS CEREMONY FOLLOWING RACE

AGE DIVISIONS: Male / Female

| | | | |
|----------|---------|---------|------------|
| 14 Under | 30 – 34 | 50 – 54 | 70 & Older |
| 15 – 19 | 35 – 39 | 55 - 59 | |
| 20 – 24 | 40 – 44 | 60 - 64 | |
| 25 – 29 | 45 – 49 | 65 – 69 | |

Registration Packets available on day of Race at Columbus Park

- ✓ Sanctioned by USA Track & Field (Niagara Association) Certificate Number 04-04-020
- ✓ Trophies awarded to 1st place overall Male/Female finishers
- ✓ Medals awarded to first, second and third place finishers in each age group
- ✓ Post Race Awards Ceremony to be held immediately following race
- ✓ All pre-registered entrants will receive a T-Shirt.
- ✓ Race Walkers Welcome. Please NO roller blades, strollers or dogs!
- ✓ Results by Western New York Finish Line Services

For more information please call Diane or Sandie at 282-7181

CHECKS PAYABLE TO: Pine Avenue Business Association (PABA)
MAIL TO: PO Box 37, Niagara Falls, New York 14302

FIRST NAME _____ LAST NAME _____ M.i. _____

STREET ADDRESS _____ CITY _____

STATE/PROVINCE _____ ZIP _____

AGE DIVISION _____ SEX: MALE _____ FEMALE _____

I understand that there are certain hazards & dangers connected with participation in the Italian Festival 5K Run. I agree to hold harmless the Pine Avenue Business Association, the City of Niagara Falls, the State of New York, Western NY Finish Line Services and ALL race officials, their agents, assignees and representatives, from any harm that may result in my participation in this race.

Runner's Signature _____

Youth entries (if under 18 yrs.) Parent/Guardian Signature _____